



QUICK LOOK

SENIOR LINKAGE LINE 800-333-2433
(Resource Line for Older Adults and Family Caregivers)

In-Person Outreach Sites:

Cuyuna Regional Medical Center Business Office
2nd Wednesday of every month 9:00am to 2:00 pm
Brainerd Monday-Friday 1:00 pm to 4:30 pm

MENTAL HEALTH

MENTAL HEALTH CRISIS LINE.....218-828-4357
ADULT MENTAL HEALTH WARMLINE.....844-739-6369
DISABILITY HUB 866-333-2466 VETS LINK LINE 888-546-5838
(Resource Line for Disabled) (Resource Line for Veterans)

EDUCATION / SOCIAL

Crosby Ironton Community Education.....218-545-8822
Lutheran Social Service.....877-612-6243
(Senior Companion Program)
Uplifted Wellness Studio.....218-851-4337
Hallett Community Center.....218-546-2616
TRIAD.....218-829-4749
Well Connected.....877-797-7299

SERVICES ASSISTANCE

Crow Wing County Human Services.....218-824-1140
(Medical Assistance, Elderly Waiver, Supplement Nutrition Assist Program)
Crow Wing County Housing Authority.....218-828-3705
(Low Income Housing/Subsidized/Section 8)
Lutheran Social Service.....218-829-5000
(Energy Assistance)
Lutheran Social Service.....1-888-577-2227
(Credit Counseling Reverse Mortgage Counseling)
Lutheran Social Service HOPE Housing.....218-824-1437
(Eviction prevention and rental assistance)
SALEM WEST.....218-534-4962

TRANSPORTATION

Brainerd & Crow Wing Transit.....218-825-7433

NUTRITION / FOOD ASSISTANCE

Second Harvest North Central Food Bank.....218-326-4420
Fare for All.....763-450-3880
Lutheran Social Service.....218-546-5943
(Senior Nutrition: Congregate meals or home delivered meals)

LEGAL

Legal Aid / Senior Law Project (Legal Advice and Assist).....218-829-1701
Estate Elder Law Services (Legal Assist for Estate Planning).612-676-6300
MN Attorney General (Consumer Complaints/Fraud).....651-296-3353

CAREGIVER / SUP-PORTS

Lutheran Social Service (Respite).....218-203-7312
Cummings Treasured Time Adult Day Center.....218-546-5071
Veterans Administration Caregiver Support.....320-252-1670
EXT 7283 or 7326

For additional resources and information visit:

www.cuyunaconnect.org or www.stcmn.org



Silos to Circles Community Guide

