



SILOS TO CIRCLES

## Exploratory Interview Guide – Caregivers and Community Members

Place of interview:

Date of interview:

Name of interviewer:

Name of interviewee:

Role/description of interviewee (circle one):

Adult child | Other family member | Friend of older adults | Pastor/faith leader | Faith community nurse | Other (please specify) \_\_\_\_\_

**Start with a few opening/warm-up questions of your choice** (don't need to record responses)

### **Key Questions (please attach additional pages if necessary)**

1. Where do you see your aging loved one/area senior in five years?
  
  
  
  
  
  
  
  
  
  
2. What concerns do you have when you think about the older adult(s) (e.g. parent, friend, a person you serve professionally) in your life getting older?
  
  
  
  
  
  
  
  
  
  
3. What do you perceive their needs to be as they age? What currently helps or hinders their independence, or could do so in the future?
  
  
  
  
  
  
  
  
  
  
4. Have you reached out to access community resources? If not, why?
  
  
  
  
  
  
  
  
  
  
5. How do you want to learn about resources in your community that can help older adults maintain independence or support them when they are in need?
  - a. How/where would you prefer to find that information?
  
  
  
  
  
  
  
  
  
  
  - b. Would you prefer to have someone help you navigate the information?
  
  
  
  
  
  
  
  
  
  
6. What would make you interested in finding out what could help? If you have already sought this information, where did look or who did you contact?

7. What does the older adult(s) in your life ask for help with now? What do you believe they need help with that they may not be asking for?
8. Who are trusted resources for the older adult(s) in your life? Family? Friends? Clergy? Physician?
9. Conversations about needs and future plans can be difficult to have with aging loved ones. What do you need to feel equipped to have these conversations in a way that respects and empowers someone who is getting older?
10. Is there anything that you'd like to add that we didn't discuss?



Community Guide  
Resource

Silos to Circles Community Guide

